

A visual record of last 2.5 Months for report

Thank you deeply for your timely contributions to help us with earthquake response and relief. We were able to raise \$33,830 because of you. To date, we have spent \$29,350 + \$1500 allotted for AWB Post-Trauma Relief clinic.

SPENT:

SHELTER

10 lakh tin for Kukhure Chaur, Dhading, ward no#1, 170 households



Kukhure chaur, Dhading villagers collecting tin sheets.

8 Lakh to:

- Lekhnath (Manthali, Ramechap)
- Vishnu (Kukhure Chaur, Dhading),
- Pramilla Pahrel (Dudhagaon, Kavre)
- Pramika Jirel (Jiri, Dolakha)
- 1.4 Lakh Karl Knapp building temporary tin shelters (as per Jim Applington request)
- \$100 to Chandra Sobha's brother for tin.

HEALTH: INDIGENOUS MEDICAL COMMUNITY TRAUMA RELIEF

- 1.5 Lakh to Amchi relief Dolakha (Allocated)
- \$850 homeopathic trauma relief medicines
- 1.5 lakh to AWB Nepal 1 month community trauma relief through acupuncture treatment.



Mustangi Amchi.



An Acupuncture clinic in Nuwakot for displaced People of Haku Village of Rasuwa.

HYGIENE

3-lakh Wild Earth soap (10,000 distributed 20,000 in production) (allocated)



Soaps distribution in Baseri, Dhading.

Grateful, Connections



Priti Thapa with grandmother in Baseri, Dhading.

Connections...I am thinking of the power of connections, the precarious net of links that connect us together as lovers, families, friends, communities, regions, nations and states. I am so grateful in a heart way for the immediate response you gave to helping Nepal earthquake survivors when there was no government response, and big aid was slow and lumbering. We were able to get money immediately to help people build temporary shelters before monsoon and focused our efforts on a single village: Kukhure Chaur while linking and helping others.

(Below is more info than you need to know. It is a list of what we worked on.)

CONNECTIONS- FOOD, MEDICAL AND SHELTER

Immediately connecting to those who were actually getting aid out to communities most effectively.

- We had the honor of working with <http://www.gofundme.com/nepalvillagers> Shakun Sherchand and the Buddhist Rights Forum coordinating medical team to Nuwakot, Melamchigyang Helambu and Mustang, helping them to source



- We worked with AYON Association of Youth Organizations Nepal to support Young Nepali Youth Groups heading out into the impacted areas with aid, supported Pasang Lhamu and Tora Akita, Tommy Mathews and Laura Vasily, coordinated doctors such as Dr Eduardo to accompany Gorkha mission, linked solar lights to Buddhist Forum Nepal.



- We got Upaya Nomad Clinic <https://www.upaya.org/give/fund.php?id=13> medicines to help WeHelpNepal Anne McGuinness www.wehelpnepal.org for Sindupalchowk and coordinated Dhulikhel doctors and Dr. Sonam Lama in medical heli emergencies with them.



Dr. Sonam Lama in Dhading.

- Nurse Kat Bogacz, <http://www.gofundme.com/katbogacz> stayed with us and sprung into immediate action—it was an honor to get her started and before too long she was an unstoppable roll of rich connections helping out throughout the earthquake impacted regions from Gorkha to Kavre, to Dhading and Sindupalchowk.



Kat Bogacz in Dhading.

- We assisted Hem Rai's medical team Californians for Nepal and American Nepal Nurse Association with paperwork, logistics, Government approvals.

CONNECTIONS: School building project

- With Prem Lama, we contacted UPAYA to build a permanent building (\$14,000) for Shree Vaishnabi Primary School in Pipal Danda, Nuwakot. UPAYA also contributed school bags for all the 50 students. Kat Bogacz and Priti Thapa have donated stationery and toys to the students.



Shri Vaishnavi Primary School, Pipal Danda, Nuwakot.

Monks and Amchis

Disposing Decomposed Bodies: Yangsi Rinpoche requested we give the Shechen monks a training in hygiene and proper disposal methods of decomposed bodies and to help them make a short video (<https://www.youtube.com/watch?v=a9orUAlwM0c&feature=youtu.be>) explaining the destruction to the monastery and the aid efforts by the monastery in remote regions Nuwakot and Rasuwa.



Met with Sanjeev Prada of Karuna Shechen to see if we could embed amchis and use traditional medicine in the relief efforts. Prof Sienna Craig wrote up a proposal for Karuna foundation and was able to fundraise. We dedicated \$1500 for amchi relief in Dolakha- they want to conduct rituals for the dead, offer amulets and mantras of protection against earthquake and provide traditional Tibetan medicine that is being sourced from Delhi!

Information

Facebook Social Media: We tried to post and disseminate as much information on facebook as possible to educate people as well as help link and inform and connect people of projects, to share ideas and for people to connect and not duplicate small grassroots efforts.

TENTS:

We created a data base of tent sources in Delhi, Calcutta and China with quantities, prices— based only on folks people already knew and were working with locally already when need for tents was immediate.

SHELTERS:

We then shifted to a document in appropriate temporary shelters, gathering different designs and who was making what, linking youth groups and communities and supplies.

<https://docs.google.com/document/d/1ySJI4AozPCbY53DGn8ZKFo-O39sP4c1mFVi8VfeV84o/edit>

Helter Shelter s taking orders for local groups:

<https://docs.google.com/forms/d/1yGAdLjfqtcv7kP3fvogik6z0eCKkfG0sSzQbEz6bJ-Q/viewform>

To put in orders from USAID and Red Cross Intl. you can fill out this form:

https://docs.google.com/forms/d/1Ipfd4FwlCmy5SBBFwmHVYQoLiRE_8iJOnBO1y56sVRA/viewform

Here are my tarp/tent resources:

<https://docs.google.com/spreadsheets/d/tIcQ4QneFduMbuXmRNcrBOQ/htmlview>

And this should be the Rebuilding/Temp Shelter Options:

<https://docs.google.com/document/d/1DQ6MOsoP6lnXJ-F-KDdqNCINsBNQr0DpuAeK2SCyL74/mobilebasic>

EARTHQUAKE PROOF BUILDING TECHNIQUES USING LOCAL MATERIALS:

We also distributed Nepali materials for building earthquake proof buildings in Nepali.

TRAUMA RELIEF MATERIALS TRANSLATED: We had community trauma relief materials: Nada protocol, SRM and G.R.A.C.E translated into Nepali to work with psycho-social issues working with Yale University Nepali students.

<https://docs.google.com/document/d/1MU4tp-oqZPZyHsEXfGnC9fJY-0NGOfHpZ0ECAZ6WRfo/edit>

FOOD IMMEDIATE AID

Directed folks to donate to folks like WEHELPNEPAL and BUDDHIST RIGHTS FORUM for immediate, grassroots social mobilization, aid with dignity. Worked with Eastern Vibrations-assisted in clearance, warehousing and distribution \$4000 worth of critical supplies including tents and food and medicines distributed in Dolakha, Sindupalchowk, Bhaktapur, Helambhu, Kavre.

HELICOPTORS

Linked doctors and nurses with helicopter missions sending supplies to remote villages in Sindupalchowk and Dolakha districts. Hindi, Palphungkatii-Sindipalchowk Coordinated some helicopter rescues from Dolakha after second earthquake. Linked WFP head Richard Reagan with Hooman X for looking into rental of helicopters due to helicopter shortage in country.

MEDICAL



Kat Bogacz

<http://www.gofundme.com/katbogacz>

Dr. Eduardo, Hem Rai and Californians for Nepal, American Nepal Nursing Association, Volunteers for Trauma Center- Bob Beasley, etc. Involved in over 10 medical missions to Sindupalchowk, Helambhu, Dolakha, Kavre, Dhading, Gorkha, Rasuwa, Kathmandu Valley. Helped foreign medical teams with paperwork and how to become part of the medical system to avoid duplication of efforts.

Homeopathic Trauma Medicine

\$850 provided homeopathic trauma medicine for 5000 people in community trauma relief- distributed by nurse Kat Bogacz, and AWB Nepal.

Soap Hygiene Campaign

6,500 Wild Earth soaps sent out and 10,000 more in production for hygiene distribution
6,500 Wild Earth soaps sent out and 10,000 more in production for hygiene distribution
We raised \$3000 to provide 30,000 soaps for distribution to earthquake survivors in Gorkha, Dolakha and Sindupalchowk and AWB community trauma camps in the valley. Our locally made soap provides work for Wild Earth female employees and sustains the economy.

\$3000 6500 of 30,000 distributed to earthquake survivors in Gorkha, Dolakha and Dhading districts. Soap making and distribution will continue throughout the summer with AWB Nepal community trauma camps. We are trying to link with UNICEF, IOM, and USAID's WASH programs as they are distributing Indian soap! Stay tuned.



SHELTER

Initial Phase: TENTS

Personally provided tents to Rina Tamang, Lekhnath Ghimire, Raju Shrestha, Lama Tsering Tashi and Ashok Tamang's family in Ramechap. Created documents for sourcing tents, getting local tents made, sourcing from India and Tibet, creating supply chains, working with other Nepalese business and NGO sources. Assisted 4000 tents distributed of varying quality.



Tents in Kathmandu.

INNER CIRCLE- OUT

Thank you for letting us help those closest to us first. Helping Lekhnath Ghimire, Pramilla Pahari, Pramika Jirel, Anita and Ashok Tamang.

MANTHALI, RAMECHAP: Lekhnath Giri [9803882349](tel:9803882349), is a devoted and gifted gardener who has worked with Wild Earth for many years. His home in Manthali, Ramechhap has been destroyed and his wife and three children have been sleeping under a tarp out in the field. Any assistance that can be offered for them is greatly appreciated. 3 Lakh to rebuild his home.



KUKHURE CHAUR, DHADING: Vishnu Tamang, Father of Anita Tamang, grandfather of Sweta and Yubaraj. 2-Lakh to rebuild his home.



WILD EARTH STAFF:

DUDAGHAON, KAVRE Pramilla Pahari, m [9808790889](tel:9808790889) who works with us at Wild Earth, is very worried about her family in Dudaghaon, Kavre, ward no# 6. Their house has been completely destroyed and they have nowhere to live. Any relief efforts- requested to kindly check in on her relatives: parents Kancha Pahari & Santi Pahari, her siblings: Ram, Sita, Rajana, Chandra, Rabina, Rosina and Poonam. Santi's mobile: 9818795629. 1. 5 lakh to rebuild her home.



JIRI, DOLAKHA Pramika Jirel. Her mother, father and three older sisters, two younger sisters , two older brothers and one little brother all survived the quake but their home and area severely impacted. 1.5 lakh to rebuild her home.



We will be checking with everyone and seeing how we can assist, how we can help get supplies to them, and we anticipate further financial needs for rebuilding in the fall. We will visit in November and send you all photographs on the progress and where they are with the rebuilding. We will update progress!

Tin for School in Rasuwa

Linked headmaster Phurpa Tamang of Shree Shyame Wangphel Higher Secondary School, Syafrubesi with Dolly Rana of Army Wives Association was able to get the school leftover tin from nearby army barracks and a squadron for demolition of damaged building. An important large district school now has a roof!

Temporary shelters: \$1400 to Karl Knapp constructing metal temp housing in: Healy and Dudugau, Kavre

Second Phase: REBUILDING:

We created a document illustrating different temporary dwelling possibilities using local materials that could be made before monsoon. We have gathered and helped distribute videos and materials relating to rebuilding earthquake proof village homes using local materials that are cost effective. We have distributed 11 lakh to provide families with the means to rebuild their homes beyond temporary structures to permanent earthquake proof homes and plan to give more after the rains when building can resume and hopefully more supplies will be available.



Sira Village, Sindhupalchok. Nepal.

PROVIDING TIN TO AN ENTIRE VILLAGE: KUKHURE CHAUR

Why did we choose Kukhure Chaur? Kukhure Chaur is where Anita Tamang, who has lived with us for the past 15 years is from. Her father has helped us in our garden these past few years. Every single home was flattened, as it is a ridge village. We decided with the overwhelming scale of this disaster, we would try to “adopt” this single village and see how we could help advocate, bring services, and help them recover from the earthquake through an initial 1-year commitment.

After consultation with the community, there was request for tin for everyone in the entire village- and they said they would build themselves and did not require assistance. We will recheck with them after monsoon, as there are many elderly in this village and few men that are not elderly.

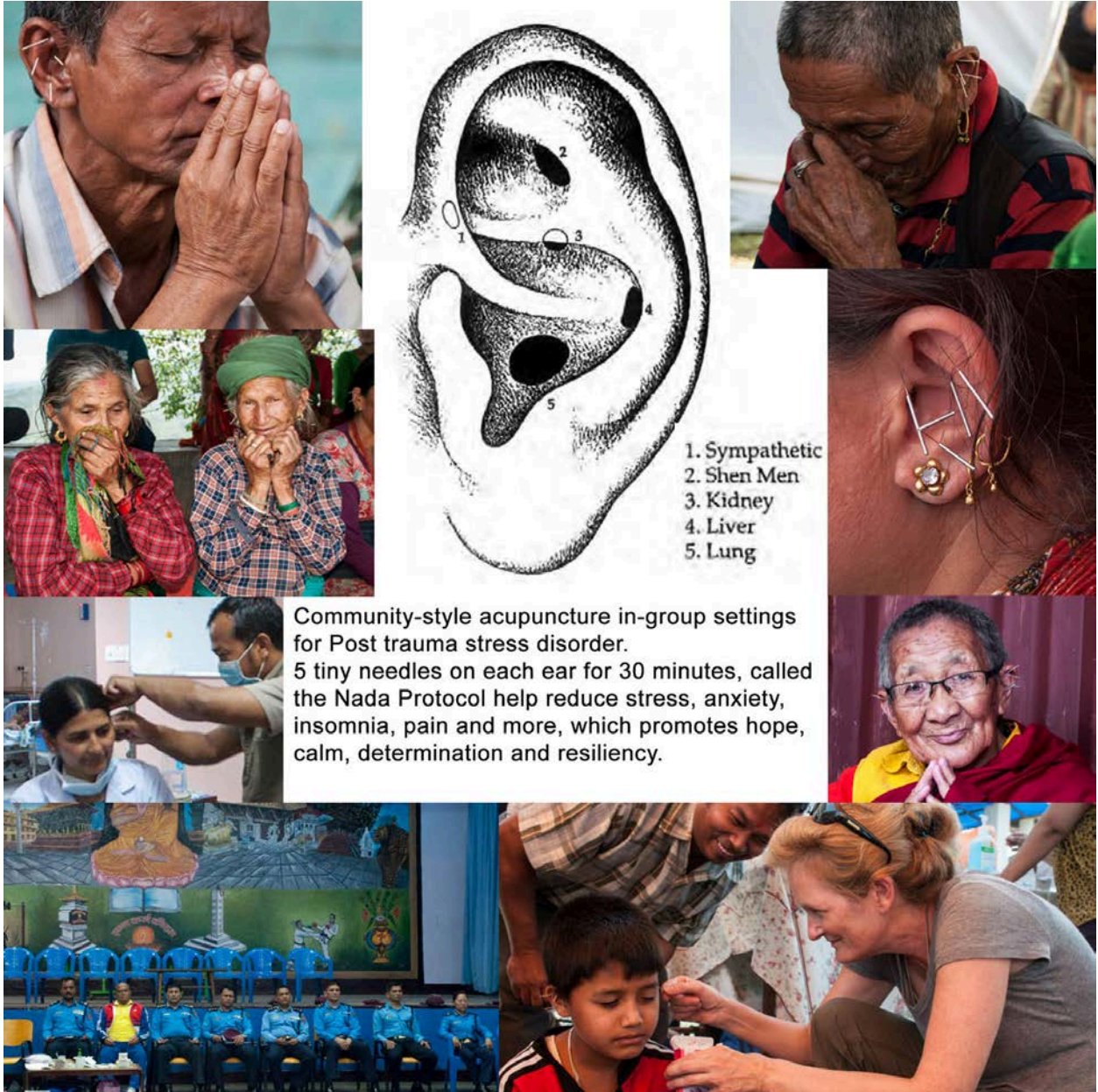
10 lakh supply of 170 bundle of tin-sheets (8.3 Lakh) to every single 170 households Kukhure Chaur, Dhading, ward no# 1. Including transport costs.



Kukhure Chaur locals build shelter from supplied Tin.

COMMUNITY TRAUMA RELIEF

- AWB, Acupuncturists Without Borders, coordinated with camps in Bungamati, Dhading, Kavre, Nuwakot and Sindupalchowk preparing for doctors and nurses and 8 communities on the rim with Nada protocol trauma relief.
- AWB Nepal- Helped Nepali staff link to neediest communities and create and form alliances with NGOs and first responders such as police, army and medical team. Coordinated over 55 community trauma relief camps treating over 10,000 people. Brought supplies from US, helped with coordinating and organization, bringing over foreign volunteers to assist.



- Thomas Kelly worked with World Vets International caring for injured animals rim of the valley and in Sindupalchowk and Kavre, sleeping out in the rough and rain and conducting training on disposal of decomposing animals.



Lele, outskirts of Patan.

Education Materials

We have linked National Geographic with AWB volunteers to bring in National Geographic educational materials for schools. These will be distributed at

- Kukhure Chaur (school for 350),
- Lama Pasang's school for 650 in Melamchigyang, Helambhu, through Jimmy Lama of HELP who has built 42 schools in Sindupalchowk.
- Shree Vaishnabi Primary School in Nuwakot, where 50 Dalit children study from nursery to 5th grade. Distribution will be conducted through, AWB Nepal and local Mamata Singh.
- Any remaining materials will be distributed through AWB Nepal at their trauma relief clinics at child safe zones- perhaps with PLAN International. We are hoping the government will rescind their 40% tax on relief items and we will be able to get more educational materials shipped over directly. We assume that UNICEF will be working with the government to reprint Nepal curriculum books—we will be checking in on this in regards to Kukhure Chaur in the Fall and also see if we can get Room To Read involved in bringing Nepali children's books for the temporary school.



Baseri, Dhading.



Nat Geo education materials. Kukhure Chaur, Dhading.



Upaya School bags and stationery, Sri Viashnabi Primary School, Pipal Danda, Nuwakot.



21 School to a Kindergarten run by a Shaman (bottom) in Mandray village (3 hours hike from Tatopani), 100 bags to Government School kids from Kindergarten to Class 5 of Gati Village, Sindhupalchok. (1 hour uphill hike from Tatopani, Nepal-China Border). UPAYA Zen Center organized bags, and we supplemented stationery and toys.

WHAT'S NEXT:

- We originally thought we would quickly rebuild a temporary school shelter in Kukhure Chaur but we discovered UNICEF said they were going to. We are watching and monitoring closely. If by September they have not set up a school, we will look into costs for rebuilding and see whom we can partner with. Our primary focus when we asked for help was helping those we care about rebuild their homes and we want to keep that commitment and focus primary.
- AWB Nepal community trauma relief camps will continue through the summer and \$1500 provides 1 month of 8 camps as we seek to ensure they stay up and running providing community trauma relief throughout this next year.

SUPPLYING TIN SHEETS TO 65 HOUSE HOLD IN DORAMBA #9, OKHRENI RAMECHHAP

Doramba #9, Okhreni, Ramechhap, is a very remote area accessible by road and is a 7 hours drive from Kathmandu. 60 houses in Ramechhap are in verge of collapsing; with severe monsoon ahead there is a high chance of further devastation.

We want to raise USD 4000 to supply tin sheets to all the families and also help rebuild Ashok Tamang' and his brother's house (photo below). We want to help Ashok Tamang, who has worked with us for past 15 years, like we did in Anita Tamang's village, Kukhure chaur, Dhading.



Ashok Tamang's brother, Man Bahadur Tamang, in front of his house. Ramechhap.

REPLENISHING LIVESTOCK IN KUKHURE CHAUR IN FALL

1.5 Lakh (allotted) + 4.4 lakhs received from DROKPA FOUNDATION

So we asked the villagers what next was most important to them. They said animals. Replenishing the livestock. In the first two weeks after the quake, nurse Kat Bogacz went up and provided medical care and we distributed small amounts of food and supplies to Anita's family. Anita gathered information from the 44 families that had lost animals at a total cost of X. While trying to replace animals- a pregnant cow, 4 hens, etc is difficult, the community suggested we provide Rs 4000 (\$40) to each of the 170 households for them to purchase a female goat. Linking with Drokpa Foundation, a nonprofit 501 cc, who has created a fund. We have set aside \$3000 and are working to raise the matching \$3000 and will distribute in September after the rains.

X-RAY MACHINE, OXYGEN CYLINDERS AND NEBULIZER (\$ 2500-3000)



Health Post in Gati

Health Post was completely destroyed along with 110 households in Gati Village, Sindhupalchok on 25th April. It was rebuilt as 2 rooms; Clinic & Ward, by our friend Beebal Singh Limbu and local using local raw materials. We supplied emergency medicines twice for the Health Post and now planning to install X-Ray Machine, Oxygen Cylinders and Nebulizer. NGO Namaste Nepal is funding regular medicines and salary for Health Assistant Jitu Maharjan.

Sindhupalchok is one of the worst hit district, the nearest hospital was in Barabise is also completely collapsed, so locals there have to walk for an hour and travel another 6 hours by bus to Kathmandu to get a simple x-ray. Hence, we want to raise fund for these three devices at this Health post so that not only Gati people are facilitate but other neighbouring ones too, for example Mandray Village which is still 2 hours of uphill hike from Gati.

Thank you deeply for your profound and essential support as we work together, to help Nepal's rural areas recover and rebuild their lives as communities. We believe in listening first, and responding to community driven based needs.

We are not an organization. Just Nikki, Priti, Thomas, Carroll, Liam, doing what we can.

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has. ~ Margaret Mead

We get by with a little help from our friends. Thank you friend.